

Base Briefs

VIOLATIONS RISE TO 20 AT SURF

The Surf Beach violation total is at 20 now and there are two at Minuteman Beach. The maximum limit at Surf Beach is 25 violations. The maximum at Minuteman is five. If the limit is reached, the respective beach will close until Sept. 30, the end of the Western Snowy Plover nesting season. The open-area boundaries are clearly marked and base officials will issue citations to people who enter closed areas. Normal beach hours for Wall, Minuteman and Surf beaches are Friday through Monday from 8 a.m. to 6 p.m. For more information regarding beach access or status, call the Beach Hotline at 606-6804.

LOMPOC HOLDS FREE BARBECUE

The Lompoc Valley Chamber of Commerce is holding a free Airmen Appreciation Barbecue from 11 a.m. to 3 p.m. today at Cocheo Park. This event is open to all base E-4s and below and their families. The band ISM is providing entertainment throughout the event.

WING HONORS TOP PERFORMERS

The Team Vandenberg Quarterly Awards Luncheon is July 26 at 11:15 a.m. in the Pacific Coast Club Ballroom. Tickets are \$9 for club members and \$11 for eligible non-members. For tickets, contact any first sergeant by July 18. For more information, call Master Sgt. Steve Hopkins at 606-3230.

2002 BASE PAPER SURVEY

The 30th Space Wing Public Affairs staff is surveying readers of the Space & Missile Times throughout the month of July. Everyone is welcome to login at http://www.afnews.af.mil/inter-nal/survey/survey_index.htm to take the survey. Public Affairs will use the information to improve services the SMT provides Team Vandenberg. The entire process takes about 10 minutes and provides participants an opportunity to improve this valuable communication tool. For more information, call Master Sgt. Ty Foster at 606-3595.

30TH MED GROUP PUBLIC NOTICE

The Joint Commission on Accreditation of Healthcare Organizations will conduct an accreditation survey of the 30th Medical Group from Aug. 14 to 16. The purpose of the survey is to evaluate the organization's compliance with nationally established Joint Commission standards. The survey results will be used not only to determine whether, but the conditions under which accreditation should be awarded the organization. Anyone believing that he or she has pertinent and valid information about

See NEWS Page 4

SECAF, CSAF: Transformation a top priority

By MASTER SGT. RICK BURNHAM

Air Force Print News

■ **WASHINGTON** — The Air Force's 55th birthday is drawing near, marking five-and-a-half decades of achievement in the air, both in peacetime and during war.

But, the two men who head the service point to the future, and not the past, as the service's most exciting time. It will be an era, they believe, characterized by great advances in both the technologies employed by the service, and the men and women charged with leveraging those technologies.

The transformation of the Air Force into that 21st century power, said Secretary of the Air Force Dr. James Roche and Air Force Chief of Staff Gen. John Jumper, has already begun, and exists at many levels.

"Transformation is not just about a single thing ... not about just a new system," Roche said July 10 in an interview taped for the July 22 and Aug. 5 editions of Air Force Television News. "It's about creating new systems, but it's also about taking existing systems and using them in brand new ways."

That has been a key in Afghanistan, Jumper said. America's victories in the war on terrorism are due in large part to innovation.

"We have a staff sergeant riding around on a horse in Afghanistan, talking to a crew in a B-52 flying overhead at 36,000 feet," the general said. "It's a 40-year-old B-52 (Stratofortress), and a 21st century laser-guided bomb and (global positioning satellite) guidance system. And it's a mean horse that comes from the mountains of Afghanistan that this guy was riding. The kid on the horse with the laser goggles enables the crews from the B-52 to put GPS-guided bombs to within 800 meters of friendly positions on the ground. That's transformation."

When technology and innovation come together with the men and women of today's Air Force, Jumper added, great things happen. He credited the people on the ground, often working in joint environments, with getting the job done.

These and other topics will be covered in a special two-part edition of Air Force Television News. This marks the first time two editions have been devoted to a single subject, and the first time Roche and Jumper have sat down with Air Force Television News at one time to discuss issues facing the Air Force.

Bull's-eye: MM III's RVs nail targets 4,200 miles away

By 2ND LT. KELLY GABEL

30th Space Wing Public Affairs

■ An unarmed Minuteman III intercontinental ballistic missile was successfully launched from North Vandenberg at 1:03 a.m. Wednesday.

The launch was a team effort by members of the 30th Space Wing and the 576th Flight Test Squadron here and the 91st Space Wing, Minot AFB, N.D. The spacelift commander for this mission was Col. Robert M. Worley II, 30th SW commander. Capt. Charity Hartley, 576th FLTS, was the launch director. Members of the 576th FLTS installed tracking, telemetry and command destruct systems on the missile to collect data and meet safety requirements.

The mission was part of the Force Development Evaluation Program, which tests the reliability and accuracy of the weapon system. Members of the 91st SW, led by Lt. Col. Dave Durgan, launched the missile under the direction of 576th FLTS test conductors.

"I'm extremely pleased with this great team from Minot," said Mission Director Lt. Col. Michael Fortney. "The whole team of 576th folks, Lt. Col. Durgan's troops and, of course, our 30th Space Wing partners are doing a great job. I'm proud to be a part of this effort."

The missile's two unarmed re-entry vehicles traveled approximately 4,200 miles in about 30 minutes, hitting predetermined targets at the Kwajalein Missile Range in the western chain of the Marshall Islands.



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Senior Airman Stephan Tranter, 576th Flight Test Squadron, guides one of the electronic drawers out of Launch Facility-9 Wednesday morning just hours after a Minuteman III was successfully launched. The drawers assist in directing power signals to the missile from the capsule.



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Maj. Gen. Daniel Gibson, California Air National Guard commander, talks to 148th Space Operations Squadron members during a ceremony marking the transition of the 148th into a space operations squadron.

148th SOPS cruises to milestone in record time

By 2ND LT. TREY STAPLES

30th Space Wing Public Affairs transition student

■ About 80 people joined the 148th Space Operations Squadron to celebrate a milestone here July 12.

Not only are they the first Air National Guard unit in charge of operating the Milstar communications constellation — they are fully mission capable.

The 148th joined Team Vandenberg in October 2000 when they began their transition from a combat communications squadron into a space operations squadron.

There is another reason the 148th should be proud of their accomplishments.

Preparing a unit to be fully mission capable takes an average of 36 months — the 148th reached that status in 20 months.

They were operating and flying satellites in five months and became a 24/7 operation in nine months. They achieved 100-percent manning in 11 months.

That's all despite the fact that 85 percent of their personnel had to retrain into new specialties in order to complete the conversion.

Maj. Gen. Daniel Gibson, California ANG commander, said the performance of the conversion was, "the result of teamwork between the active duty and the air guard, and marked a great day for the Air Force."

Lt. Col. Steven Beck, commander of the 148th SOPS, echoed the general's comments crediting a Schriever AFB, Colo., unit with sharing the Milstar responsibilities.

"I can truly say that the total force effort to fly Milstar satellites is due to the outstanding relationship between the 4th Space Operations Squadron and the 148th Space Operations Squadron, and the professionalism, dedication to duty, and outstanding expertise of the operators and maintainers in each squadron."

Unit morale is high, despite the rapid transformation.

"This is a great program, and everyone is excited about the mission and excited about being in the space program," said 2nd Lt. Audrey Ruvalcaba, a member of the 148th.

With the completion of the 148th SOPS conversion, Team Vandenberg is a shining example of the Total Force concept and its application to Air Force missions.

Team effort saves Vandenberg major

By STAFF SGT. ANDREW LEONHARD

30th Space Wing Public Affairs

■ More than 60 people from base, local and county agencies were out looking for a needle in a haystack last week.

Maj. Keith Debusman's, 148th Space Operations Squadron, was that proverbial needle. His relaxing camping trip into the Los Padres National Forest had turned into a search and rescue effort.

Debusman headed into the hills, 20 miles northeast of Santa Maria for his camping excursion July 8. He was prepared. He had five gallons of water and extra rations.

His vehicle got stuck in some mud. Realizing he could not get the vehicle out he marked the top of it with a "SOS" made out of tin foil and other shiny materials. By July 9, he began his struggle to stay alive.

Nobody knew he was missing. Debusman is an Air National Guardsman. He wasn't scheduled to report for duty until the following day.

By July 11 people began to ask.

People like Maj. Robert Hill, 148th SOPS Air Force Adviser, a peer and close friend of Debusman's.

"When we figured out he was missing we began to track him down," said Hill. "All I knew was 'this is one of us — one of our family members of the Air Force.'"

"I have never been so focused in my career," Hill said.

The search was difficult at first. There weren't any real clues to where he might be. But that changed with the help of Vandenberg's Office of Special Investigations.

Special Agent Casey Fitzpatrick, AFOSI Detachment 804th, stepped in to assist the search efforts. He contacted Debusman's credit card companies and organized a search of his residence.

"First, we wanted to make sure no foul play was involved," Fitzpatrick said. "We needed to be sure this wasn't going to be a homicide investigation."

76TH HF RESCUES STRANDED CAMPER

■ A one-day camping trip turned into a six-day survival trip for a Team Vandenberg member.

Maj. Keith Debusman, 148th Space Operations Squadron, turned up missing July 11 when he did not report for duty.

The major went for an overnight camping trip July 8 into the Los Padres National Forest.

A 76th Helicopter Flight rescue crew located Debusman July 12 a few miles from his vehicle that had gotten stuck in the mud July 9.

Debusman was very dehydrated, but sustained no injuries. He was transported to Marian Medical center in Santa Maria.

Fitzpatrick discovered that Debusman's vehicle, backpack and a sleeping bag were missing. He also found a receipt for a camping pass in a district of the Los Padres Forest. This information narrowed the search down.

On July 12, a Santa Barbara County search and rescue helicopter began searching the region of the forest Debusman's pass was for.

By Saturday, search crews were still empty handed. Base officials sent out a news release describing the missing camper. At the same time, a call was made to the Air Force Rescue Coordination Center at Langley AFB, Va., by the Santa Barbara County search and rescue unit to ask for Air Force assistance.

Within two hours of the call, the blades of a 76th Helicopter Flight UH-1 Huey were spinning and ready for liftoff.

Once airborne, the five-member crew set out for their first objective, to find

See RESCUE Page 4

In this issue of the



Also view The Space & Missile Times at http://www.vandenberg.af.mil/30sw/news/space_times/index.html

Team V Youth of the Year strives to set a good example for peers. See Page 3.



Chess champ set to take on Air Force's best during inaugural tournament See Page 4.



Weekend forecast
Low clouds in the morning and evening with clear afternoon skies.



Low/High
50/69

For a full VAFB weather report visit www.vandenberg.af.mil/30sw/organizations/30og/weather/weather_index.html

Commander replies to caller queries

Editor's Note: The Space & Missile Times recently received an influx of Action Line responses. These will run until the backlog is cleared. Our goal, as always, is to run these items in a timely manner.

ROUGH ROAD RATTLES READER

Q How much longer will residents be subjected to the deteriorating road conditions on Montana Avenue?

A The 30th Civil Engineer Squadron made interim repairs to Montana Avenue in February. These repairs are meant as a temporary solution until the road can be permanently repaired. The permanent repair is designed to include an overlay of the entire road and is currently programmed for 2005.

PEDESTRIAN PROPOSES OVERPASS

Q With the new opening of the skate parks has there been any consideration in building a walkway or bridge at the Main Gate to reduce pedestrian traffic coming from east housing?

A The base traffic engineer has looked into the situation. Through talking with various base agencies and reviewing the DoD pedestrian safety guidance, the conclusion has been made that the current pedestrian traffic flow does not warrant a walkway at the Highway 1 intersection. The base traffic engineer will continue to monitor the pedestrian flow at the intersection and take appropriate actions if the pedestrian traffic flow changes. Thank you for your concern.

READER WORRIES RESPECT WAVERING

Q I would like to address the daily playing of the national anthem. It should be common knowledge that every day at 5 p.m. the national anthem is played. I believe it is required to 1) if in vehicle, stop until it is over and 2) if outside, face flag and pay respect. But while paying my respects I have almost be hit by people who pass me (and either

curse me or stare). This is a serious safety issue for my family and me - how can I pay respect and worry about getting rear-ended at the same time? I would like the senior leadership to address this somehow as it seems most people has forgotten our customs and courtesies.

A First, let me say thank you for your professionalism and concern. Second, allow me to say you're absolutely correct in your actions to pay respect to the greatest symbol of freedom in the world and I commend you for doing the right thing. Two familiar sources immediately come to mind that provide the answer to your concerns.

The enlisted corps' Promotion Fitness Examination pamphlet, Chapter 7, Paragraph 7.4, and AFSPC's "Till Wheels Up" protocol guide, Chapter 12, both of which provide the following guidance, "If in a vehicle during Reveille or Retreat, pull the car to the side of the road and stop. All occupants sit at attention until the last note of the music has played. It's every military member's duty and obligation to know, understand, and comply with all established customs, courtesies, and traditions, but it is the entire base population that should offer to pay the same respect.

All of us share a responsibility to remind our fellow airmen to render proper respect to the flag. I will take the concrete steps of reemphasizing this issue in the *Space & Missile Times*, Team Vandenberg Network and at commander calls.

LOUD MUSIC ROUSES DAY SLEEPERS

Q I have a complaint about people playing loud music in their car when they are passing by the dorms. People need to be respectful of shift workers who sleep during the day.

A In accordance with California Traffic Law and SW 31-109, Installation Traffic Plan, personnel operating vehicles will not play their music where it can be heard more than 50 feet from the vehicle. Every person on this installation must practice being a "good neigh-

bor." If possible, speak to the violator to resolve the issue before contacting authorities. If the problem continues, contact the violator's First Sergeant, Commander or Security Forces.

WEED WOES LEAVE LANDSCAPE DANDY

Q I was wondering why the self-help store doesn't hand out "Weed & Feed"

instead of fertilizer? The reason for this question is that there are too many weeds and dandelions that grow in the lawns. The fertilizer just adds to them and makes them grow faster. I know they hand out a spray weed killer, but you can't spray it directly onto a weed that is in the lawn because it will also kill the grass around it.

A In accordance with Air Force Self-Help Pest Management Program, issue of weed and feed fertilizers is not authorized. This is due to the herbicide in these materials contributing to non-point source pollution. It is also associated with the slow decline in growth and sometimes death of shrubs and trees. Thank you for your concern.

PET PROBLEMS BITE OWNERS

Q I think base residents need to be reminded about their responsibilities of being a pet owner. They also need to understand the problems neighbors face when a pet is a nuisance.

A 30th Space Wing Instruction 31-107, Pet Control, establishes procedures for maintaining and controlling pets. In all incidents where security forces respond, they will issue a failure to control pet letter for all violations of this instruction with the exception of animal bites.

An Air Force Form 3545 will be accomplished on all bite or scratch incidents. Pets involved in bite or scratch incidents may be removed from the installation after one incident.

Some additional violations that may cause a pet's removal are: Owner's failure to control pets, unsanitary conditions, failure to vaccinate pet, disturbance of the peace and destruction of property.



Col. Robert M. Worley II
Commander,
30th Space Wing

Mission success is our top priority, and the talented men and women of Team Vandenberg get it done with excellence.

Key to the effectiveness of any great team is good communication. The 30th Space Wing Commander's Action Line is your direct communication link to me.

It provides an avenue for you to voice your concerns, share constructive ideas, or give your Vandenberg teammates a pat on the back.

I appreciate your input, and I am personally involved in every response.

While the Commander's Action Line is a great way to communicate, don't forget there are many other avenues to get answers to your questions including your chain of command, first sergeants, base services officials and other base professionals.

Thanks for helping to make Vandenberg such a great place to work and live. When calling the action line, please leave your name and phone number in case more information is needed.

Call or e-mail: **606-7850** E-mail your message to **actionline@vandenberg.af.mil**

Important Phone Numbers

EMERGENCY.....	911
Command Post	606-9961
Poison control.....	800-876-4766
Clinic appointments.....	606-2273
Information.....	411
After-hours urgent care.....	888-252-3299
TRICARE services.....	800-242-6788
Health Care Information Line.....	800-611-2883
Pharmacy Assistance	606-7440
Pharmacy Refill (recording)	605-0200
Law enforcement.....	606-3911



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Play like professionals -- safely!

By CAPT. DIZZY MURPHY
30th Range Squadron

When you think of skating or bike riding, who comes to your mind? Lance Armstrong? Ron Francis? Tony Hawk?

They do seemingly impossible things with their bikes, skates or boards and leave us holding our breath while they do their thing.

While most of us can only wish we could come close to having their abilities at some point in our lives, that doesn't stop some of us from trying.

We'll jump on our bike and ride for a few miles. We'll even hit the rink for some hockey or skateboarding.

Unfortunately, some of us forget to follow the professionals' example: we forget to play it safe!

We all know how important safety is, but rather than boring you with another statistic filled report, here are some tips to keep

in mind when you head out on your bike, skates or board:

Wear your helmet. Make sure it's one that's approved for the type of activity you're doing.

I've seen people land on their heads.

They survived because they were wearing helmets. However, helmets don't prevent concussions -- they only minimize what could be an otherwise life-threatening injury.

Wear your knee and elbow pads. Our joints are very sturdy, however, they weren't meant to absorb high-speed falls on concrete.

Tell someone where you'll be. If you're going mountain biking or skating, tell a friend.

Yes, this applies to adults, too. You never know when something will happen. If something happens, at least someone knows where to start looking.

Practice in a controlled environment. If you are not proficient in the event, practice in

a safe, traffic-free area. For example, if you have never skated before, don't skate in the street.

Leave the stunts to the professionals.

Just because you see it on ESPN's X Games doesn't mean you have to do it too. It's OK to have fun, just don't get hurt or killed doing it.

Watch for traffic. If a car is involved in an accident, a mechanic can usually fix it. The same doesn't always hold true for people.

We are in the middle of the 101 Critical Days of Summer and we should enjoy them to the fullest.

Just be sure to use a bit of common sense and play it safe.

It's not hard. Wear your helmet, elbow and kneepads. Wear reflective clothing if you're out at night. Wear a mouth guards if you play hockey. Use the buddy system when you're out riding.

Remember, protect our most important resource -- you!

Vandenberg teen travels to DC for 'Youth of Year' ceremony

Volunteer plans to build on experiences with base youth, become teacher

By SENIOR AIRMAN BRIAN HILL
30th Space Wing Public Affairs

Chris White, a summer-hire recreation assistant at the base Youth Center, was just content to be spending his time with the "little kids."

He was really happy to find out the time he spends at the Youth Center could win him a \$10,000 college scholarship and nationwide adulation as the Air Force Youth of the Year.

Chris and Youth Center recreation assistant Wendy Elzy recently returned from Washington, D.C., where he represented Vandenberg in the jointly sponsored Air Force and Boys and Girls Club of America program.

Although he didn't win the Air Force-level award, Chris is just happy to be doing what he loves.

"The Youth Center has always been a great place to hang out with friends," said 18-year-old Chris, who's been volunteering for the past four years. "I started out helping with a play, working with little kids, and just kept going from there."

Visiting Washington and meeting all the other winners in the program gave him the chance to make some new friends who have volunteered in common. Meeting the overall winner gave him a chance to put his work in perspective.

"I was hoping, thinking, I could go all the way," he said. "[The winner] did everything -- she was president of every club. She did a lot of the stuff I did and more. A really nice person."

Each individual must meet certain criteria, and the packages go through an intensive screening process. Eight essay topics are assigned, including one on life goals and another on why a post-high school education is important.



Chris White (left), Youth Center recreation assistant, helps Lindsey Glover, 7, improve her computer skills. White represented Team Vandenberg in the Air Force Youth of the Year contest. He's volunteered more than 1,700 hours at the Center working with 7 to 9 year olds.

For Chris and the rest of the selectees here, the process of putting a package together began in January.

All aspiring package writers were previously awarded youth of the month at the center. In March, packages were judged, focusing on academics, youth center participation, the essays and any character letters from outside agencies such as church hierarchy or base leadership, according to Elzy.

In addition, the selectees must have two years of membership at the Youth Center.

Chris has volunteered more than 1,700 hours. He currently works in the computer room with children age's seven to nine.

"He's really cool," said 8-year-old Stephanie Davidson. Chrisy Wissy, or Tiffer (short for Christopher) as the children call him, volunteered in her classroom in 2001, and she now visits his classroom. "He plays with us all the time and swims with us."

"Chris and his sister Jenny really help us out here and I'm glad he's getting the recognition he deserves," Elzy said. "I'd like to thank him for all his hard work and dedication."

Chris plans to move on to college in Texas in the fall, majoring in teaching.

"I've been working with kids for a long time and I understand and get along with them," he said. "I'd like to get paid for doing something good."

New badge recognizes commanders

■ WASHINGTON -- A new Air Force badge providing distinctive recognition to commanders will be available shortly, according to personnel officials.

The Air Force Command Insignia will be awarded to squadron, group, wing and equivalent organization commanders in the ranks of major through colonel, said Maj. Douglas Mullins, chief of commanders' programs and recognition policy at the Pentagon.

According to Mullins, the command insignia, available in both a chrome and subdued version, should be on the shelves of military clothing sales stores in August.

The badge is to be worn above the name tag on both blues and battle dress uniforms.

While mandatory for people currently in a commander billet, wear of the badge will be optional for those with past command experience.

Additional guidance about award criteria and proper uniform wear will be made available in the coming weeks, Mullins said. (Courtesy Air Force Print News)



COURTESY GRAPHIC

The Air Force Command Insignia will be awarded to squadron, group, wing and equivalent organization commanders in the ranks of major through colonel. Available in both a chrome and subdued version, the badges should be on the shelves of military clothing sales stores in August, said personnel officials.

Thrift Shop seeks volunteers

To date this year, the Vandenberg Thrift Shop has raised more than \$17,000 to be used for charitable purposes.

Last year, the Thrift Shop donated \$18,740 to organizations such as:

- ♦ Airman's Attic
- ♦ Vandenberg Spouses' Club Sports Scholarships
- ♦ Crestview Elementary School
- ♦ VSC Academic Scholarships
- ♦ American Dream Foundation
- ♦ Lompoc Mural Society
- ♦ Cabrillo High School
- ♦ Santa Maria Area Special Olympics
- ♦ Base Library Summer Reading Program
- ♦ Air Force Sergeants' Association

♦ VAFB First Term Airmen Center

To meet the Thrift Shop's charitable goals this year, they need to raise \$25,000.

"We need your help! We need volunteers!" said Sharon Egan, Thrift Shop publicity chairperson.

"Please come out and support an organization that has given so much to the Vandenberg AFB community by volunteering, consigning, and shopping!" she said.

The shop is located next to the Skills Development Center in Bldg. 11180.

Summer operating hours are from 9:30 a.m. to 2 p.m. Tuesdays.

For more information or to volunteer, call 606-3128.

Team Vandenberg Spotlight

Tech. Sgt.

Robert McCarty

2nd Space Launch Squadron

Duty: Spacecraft Section NCO in charge
Time on Vandenberg: 9 years, 2 months
Time in Air Force: 19 years
Favorit part of job: Being part of a team and making a difference.
Supervisor's comments: "Master Sgt. select McCarty's latest accomplishments include a flawless performance as spacecraft operations controller for the recent Titan II launch," said Capt. Carlos Dalmau, 2nd SLS generation flight commander. "His superb skills were critical for the processing, integration and launch of the (National Oceanic and Atmospheric Administration) satellite. He's always ready to get anything done and excels while doing it."



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

15 senior airmen graduate ALS

■ Fifteen senior airmen graduated from Airman Leadership School during a ceremony at the Pacific Coast Club Wednesday evening.

The graduates of Class 02-E are:

JOHN LEVITOW AWARD
Noah Park
*American Forces Radio and Television Service
Los Angeles AFB*

DISTINGUISHED GRADUATE
John Crook
30th Civil Engineer Squadron

ACADEMIC ACHIEVEMENT AND LEADERSHIP AWARD
Aaron Williston
576th Flight Test Squadron

OTHER GRADUATES

Michael Arzabal
Daniel Basel
Andrew Cuevas
Kaniyika Freeman
Misty Gallegos
Daniel Hubner
Dwayne Jaramillo
Misty Minkler
Matthew Reilly
Brian Rodriguez
Frank Vasquez
Christopher Vegter

*30th CES
576th FLTS
30th CES
61st Medical Squadron, LAAFB
30th Aeromedical-Dental Squadron
30th Security Forces Squadron
Det. 9, Space and Missile Systems Center
30th Operations Support Squadron
Det. 9, SMC
30th Communications Squadron
30th SFS
576th FLTS*

TRICARE

TRICARE's Beneficiary Counseling and Assistance Coordinators located at each military treatment facility. These experts can assist customers with TRICARE questions and concerns.

Bonnie Robles
Vandenberg BCAC 606-7483.

For a listing of BCAC coordinators, visit: <http://www.tricare.osd.mil/tricare/beneficiary/BCACDirectory.htm>.

EMERGENCY CARE INFORMATION

Anyone covered by TRICARE and needing emergency treatment can seek treatment at the nearest emergency room.

TRICARE Prime enrollees who use a civilian emergency services need to notify their Primary Care Manager or Health Care Finder at the TRICARE Service Center, within 24 hours or as soon as reasonably possible.

For more information about TRICARE resources and services visit: <http://www.tricare.osd.mil>. Call (800) 242-6788 to receive out of area emergency care.

TRICARE

ALCON: NORMAL

A general condition reflecting alcohol use. There are no reported alcohol driving incidents or additional external factors.

DUI totals for the Year **16**

Ops. Group	0
Log. Group	2
Spt. Group	4
Med. Group	0
30 th SW Staff	1
14 th AF	0
381 st TRG	1
576 th FLTS	1
Det. 9	1
Others	6

GRAPHIC BY STEVE HEURING

Make Safety a Mindset!

Soy adds sauce to Malmstrom fuel

By SENIOR AIRMAN HAROLD BARNES III
341st Space Wing Public Affairs

■ **MALMSTROM AIR FORCE BASE, Mont.** -- Soy milk, soy burgers, soy pasta, soy pudding -- but soy fuel? Recently, Malmstrom became the first in Montana to put soybean additive in diesel fuel.

The fuel is used for the base's truck fleet deploying to and from the missile fields.

According to base transportation officials, the additive, known as B-20, not only makes the fuel more cost-effective, but safer.

"Diesel has carcinogens," said Bill Hartman, Malmstrom fuels quality assurance evaluator. "With many of the large passenger vehicles, like buses using diesel, the use of new fuel is reducing people's exposure to the pollutants."

The blend of 80 percent diesel and 20 percent soybean-derived biodiesel (made from a chemical reaction of alcohol with vegetable oils, fats, or greases) enables the

Air Force to save in actual petroleum consumption.

"And the great thing about this new fuel is that the diesel vehicles don't need modifications to use B-20," Hartman added.

Actually, maintenance requirements are lowered because the biodiesel has more lubricity than its diesel counterpart and cleans carbon out of the engine.

And if those reasons aren't enough, consider the new odor of the exhaust.

"Diesel smells like the additive," Hartman said. "If it's soy, it smells like soy."

Malmstrom joins bases such as Tinker AFB, Okla.; Peterson AFB, Colo.; Vandenberg AFB, Calif.; Patrick AFB, Fla.; and Scott AFB, Ill., which have similar programs mandated by the Energy Policy Act of 1992.

That congressional bill tasked the Air Force, along with all other federal agencies, to take the lead in finding ways to reduce the nation's dependence on petroleum and improve air quality.



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Special Agent Casey Fitzpatrick, Office of Special Investigations, describes the rescue scene with Mary Ann Debusman and Maj. Robert Hill, 148th Space Operations Squadron. Fitzpatrick was on the mission with the 76th Helicopter Flight when they rescued Maj. Keith Debusman.

RESCUE: Within an hour the 76th crew located the stranded camper

From Page 1
Debusman's vehicle.
"Each of us has a piece of the puzzle," said Capt. Lawrence Graham, co-pilot for the mission.
Graham explained that each crewmember had their own information about the mission.
Graham and Pilot Capt. Eric Ecker, knew the flight path and coordinates to fly. Flight Engineer Staff Sgt. Mario Kuhn knew what the helicopter was set up to handle during the rescue. Helitech Charlie Brooks knew the description of the truck and the individual they were searching for.
And for his first flight with the 76th HF, Fitzpatrick was aboard to help spot the vehicle and Debusman.
Just more than an hour into flight, the crew spotted Debusman's green sport utility vehicle.
"We spotted the vehicle and lowered the (search and rescue trained firefighter) down to the vehicle," said Capt. Lawrence Graham, 76th Helicopter Flight Chief of safety and co-pilot of the mission.
Once on the ground, Charlie Brooks, a Vandenberg Fire Department engineer, searched the vehicle and immediate area.
"I looked under the truck to make sure he wasn't trapped under it," Brooks said.
While Brooks searched the area around the vehicle the helicopter crew circled above looking for other signs.
"We saw another possible location to look, " said Capt. Eric Ecker, 76th HF.
After hoisting Brooks back into the helicopter, they flew to another site a couple miles away. That's when they spotted a tarp.

"We saw markings he had left to lead people to the campsite and then we saw the top of a tent or tarp," said Staff Sgt. Mario Kuhn, flight engineer on the mission.
Brooks was again lowered to the ground. Once on the ground, he located Debusman in a hole.
"He had dug a hole to suck the moisture from the roots of plants," said Brooks. The hole was also a cooler location for him to be, the crew said.
When Brooks located Debusman, he had no shoes or shirt on, was completely covered in dirt and was very dehydrated.
"We believe he had used the dirt and mud as a sunscreen," said Kuhn.
Debusman was so weak he was not able to move, so Brooks had to pull him from the hole and load him in the basket for his 100-foot cable ride up to the helicopter. After Debusman was secure and Brooks was back aboard, the crew flew straight to the Marian Medical Center in Santa Maria.
"I'm not sure if he was smiling or trying to get the dirt out of his mouth," said Kuhn. "But he looked happy that we were there."
"The tools were given to us and we were successful this time," said Ecker. "There are a lot of times we aren't so lucky."
Luck or not, Debusman's parents were very happy to see their son OK.
"Everything happened so fast that we didn't know what to do," said Ted Debusman, his father. "We prepared for the worst."
"It's unbelievable what they did. Especially just to find him," said Mary Ann Debusman, his mother. "This is something you read in a book. It was amazing."

Major masters mind-blowing moves

Champ sets sight on capturing annual Air Force chess championship

By 2nd Lt. TREY STAPLES
30th Space Wing Public Affairs transition student
■ An Air Force Reserve major here will represent Air Force Space Command against 14 competitors from other major commands during the annual Air Force Chess Championship from July 22 through 26 at Kelly USA, formerly Kelly AFB, Texas.

Maj. Peter Dettelis, an individual mobilization augmentee for the 30th Space Wing Plans and Programs office and a launch system safety engineer for Hernandez Engineering, Inc., here, has an unbeaten record.
His stellar performance sealed his entry into the Air Force Space Command Chess Tournament held here two months ago. During AFSPC championship play, he tied with former Team V member, Capt. Darryl Terrel, now stationed with the 2nd Space Operations Squadron at Schriever AFB.

Dettelis' road to the Air Force Chess Championship is long and distinguished.
He started playing chess with his dad when he was 5 years old. By the time he was 7, he consistently bested his dad, the major said.
As a youth growing up in Cheektowaga, N.Y., a suburb of Buffalo, he played in recreational chess events honing his skills.
As a member of his high school team, he helped turn the team's record around.
Under his leadership, they went from a team who had never placed in Buffalo's Queen City Chess League to one that took second place in his freshman year and first place for the next three years.
After leading his team to first place in the New York State High School Chess Team Championships and placing well in the National High School Chess Championships, Dettelis headed for the Air Force Academy.
Chess, once again, gave Dettelis an opportunity to lead and expand his strategic abilities.
The Academy's chess club evolved into a team with Dettelis serving as the cadet in charge. They developed into a competitive force that played in events throughout



PHOTO BY SENIOR AIRMAN APRIL MUNIZ

Maj. Peter Dettelis, 30th Space Wing Plans and Programs office, tied for first place in the Air Force Space Command chess tournament and is now on his way to compete against 14 other Air Force chess champions to be crowned the best chess player in the Air Force at Kelly USA, Texas, July 22 to 26.

Colorado.
Later in his career, while stationed at Falcon AFB, Colo., now Schriever AFB, Dettelis was tasked to be the officer in charge of the Academy chess team. While there, he developed a program to compete against other colleges in Colorado, Nevada, Arizona, Utah and New Mexico. During that period, his team took second place four times and tied for first once.
"Chess is the great equalizer," the major said, because each person is given the same resources and it's up to the individual to manage them.
To prepare for his mental match ups, Dettelis plays hockey. He believes physical fitness is a key part to keeping the mind sharp.
"Chess is a very grueling sport, especially when you're playing over several hours," he said. "You're using all your mental faculties to examine this eight square by eight square board."
He also studies strategy books and has developed his own book of notes with various moves and openings.

Chess demands the same critical thinking and planning skills required of Air Force Space Command warriors in battle, said Lt. Col. David Cannon, former 30th Services Squadron commander.
In more than 30 years of play, the major's longest game took eight hours – he won.
He's confident his mental and physical endurance will pay off during the Air Force Chess Tournament.
The top six players in the Air Force tournament will represent the Air Force at the Inter-Services Tournament in September. Dettelis is confident the Air Force will crack the Army's streak of wins at the inter-service event.
From there, the top two players from each service will travel to France representing the U.S. in the North Atlantic Treaty Organization Chess Championship in October.
The Vandenberg Chess Club meets in the Services Center at 4:30 p.m. every Thursday. The club is open to anyone with base access. For more information, call Mike Renner at 605-8974 or 606-7976.

NEWS: Global address to change, AAFES extends operating hours

From Page 1
such matters may request a public information interview with the Joint Commission's field representatives at the time of the survey. Requests for a public information interview must be made in writing and should be sent to the Joint Commission no later than five working days before the survey begins. Call Capt. Patricia Fowler at 606-1959 for more information.
AAFES EXTENDS BUSINESS HOURS
Vandenberg's Shopette, Service Station and Anthony's Pizza in the BX mall are extending their hours of operation beginning tomorrow. This is a 30-day test to determine the needs of the customers. The following hours of operation are in effect: *Shopette* — Monday to Friday, 6 a.m. to midnight; Saturday, 8 a.m. to 11 p.m.; and Sunday, 8 a.m. to 10 p.m. *Gas Station* — Monday to Friday, 6 a.m. to 8

p.m.; Saturday, 7 a.m. to 7 p.m.; and Sunday, 9 a.m. to 5 p.m. *Anthony's Pizza* — Monday to Saturday, 11 a.m. to 7 p.m.; and Sunday, 11 a.m. to 6 p.m.
GLOBAL ADDRESS TO CHANGE
Air Force Space Command is changing the e-mail system to improve service. Starting July 29, in addition to AFSPC members, people will be able to access the e-mail addresses of other Air Force members at bases that participate in the Air Force Global Address List. There are some things to know regarding this change so it is advised that members contact their work group managers for any questions, concerns or problems.
NATIONAL NIGHT OUT POSTER CONTEST BEGINS
The Youth Center is holding a National Night Out poster contest. The contest is open to all children 14 years and younger. All posters must be handed into the Youth

Center or Child Development Center by July 26. Winners will be announced July 29. Each winner will get to ride in the National Night Out Parade with McGruff and Sparky. Winning posters will be on display at the National Night Out event Aug. 6. For more information call Staff Sgt. Victoria Ambrose at 606-1853.
AIR COMMAND, STAFF COLLEGE SEMINAR ENROLLMENT
The Base Education office is enrolling for Air Command and Staff College Seminar now. There is a seminar introduction meeting during the week of Aug. 5 to establish the location and time for weekly meetings and to play out the testing schedule. Seminars meet for approximately 10.5 months, three hours per week from August 2002 through June 2003 and provide an interactive seminar environment. For information, contact Base Education in Bldg. 14001 or at 605-5904.

Are You:
Graduating a course?
Getting promoted?
Receiving an award or decoration?
Assuming command?
Part of an award-winning team?
Tell Us!

Your Unit Public Affairs Representative can help you fill out a Hometown News Release form. This form is sent to Air Force News where an article is written and sent to the newspapers in and near your hometown. It's a great way to let the folks back home learn of your success! Call Public Affairs at 606-3595 for more information.



Air Force Marathon plans on track

■ **WRIGHT-PATTERSON AFB, Ohio** — Plans for the annual Air Force Marathon are on track as the date for the race approaches. With more than 1,600 runners registered for the Sept. 21 event, the race will likely break all previous participation records, said marathon officials.

Runners of all ages, military and civilian, are encouraged to participate. All runners will receive a 2002 Air Force Marathon T-shirt and patch. All participants who finish the marathon within the eight-hour time limit will receive a medallion.

Pre-race events include a two-day sports and fitness expo at the Hope Hotel and Conference Center here on Sept. 19 and 20, sponsored by marathon organizers. Vendors will display a variety of sports apparel, equipment and memorabilia at the event.

A pre-race pasta dinner will be held Sept. 20. Tickets for the dinner can be purchased on the registration form.

After the race, all runners, volunteers, family and friends are invited to a free post-race party sponsored by the conference center beginning at 4:30 p.m. at the hotel.

More information on the annual Air Force Marathon, including registration procedures, is available on the marathon Web site. *(Courtesy of Air Force Print News.)*

AF Aid Society helps airmen, families

By **MASTER SGT. RON TULL**
Air Force Print News
■ **WASHINGTON** — The events of Sept. 11 affected Air Force families in many ways, but for many who knew about the Air Force Aid Society, their hardship was lessened when emergency assistance arrived in the form of loans and grants.

It is an airmen-helping-airmen philosophy with a 60-year tradition, said retired Lt. Gen. Mike McGinty, AFAS chief executive officer.

“It’s about everybody giving a couple of bucks today because they know it will go to somebody who truly needs it,” he said. “Tomorrow they might just be the ones who need it.”

AFAS was born during World War II, created by Gen. Hap Arnold and his wife to help the families of airmen lost in the war, and to help fund the education of their children.

Today the official charity of the U.S. Air Force not only provides more than \$8 million each year in education programs, but it is also helping to soften the sacrifices of a new generation going to war.

Last year, AFAS helped more than 32,000 people with more than \$25 million in one form of assistance or another.

“That’s a lot of help,” McGinty said. “That’s why I can go home at night and say I have the very best job in America.”

Assistance can be as simple as a phone card or as involved as getting a special lift installed on a van for a handicapped family member.

“We have no regulations,” McGinty said. “We simply have a guidebook because you cannot possibly write something that will cover every situation a family can get into. We’ve helped airmen who’ve gotten behind on their bills to get their gas and electric turned back on. We provided a visual baby monitor so that a deaf spouse could take care of her baby while her husband was deployed.”

Funding for AFAS comes from two primary sources: the Air Force Assistance Fund drive and investment returns. Despite substantial contributions in recent months, current events worldwide have drained those resources considerably, the general said.

“The good news is that the fund drive brought in \$460,000 more this year,” McGinty said. “The bad news is that we were still about \$1.5 million short of what we had hoped for. The challenge that we’re facing right now is that demand for help from the AFAS is up about 7 percent over the previous year.

“Only about 24 percent of eligible airmen participated in the AFAS drive,” he said. “We need to really increase that percentage to keep meeting the needs of our airmen in these difficult times. Remember this is an airmen-helping-airmen program.”

Because of the increased need for other forms of aid, the society has cut out 1,000 education grants, but will still award 4,000. McGinty said he is determined that the reduction be only temporary.

“We’re not going to do ‘put and takes’ on the troops, putting a program in front of them and then taking it away when things get tight,” he said.

Each Air Force base has a small staff located in the family support center to do the society’s day-to-day work.

Those staffs were augmented after Sept. 11 when AFAS activated representatives at 15 Reserve family support centers to support

people recalled from component forces.

Along with education and emergency assistance, the society provides various services through its community enhancement programs.

“Give Parents a Break” is a program that opens up base daycare centers, while other programs provide daycare for volunteer workers and families on permanent change of station orders. There are also programs for new parents.

Last year, the “Car Care Because We Care” program performed 5,900 preventive safety inspections and oil changes. The diversity of programs is a sign of the organization’s willingness to help in any way it can, McGinty said.

“Our job is to help Air Force people,” he said, “wherever, whenever, or however that help is needed. That’s the priority for us. We’ve got some great programs. Come use ‘em.”

AFAS provides assistance to both enlisted and officers, whether they are active duty, Guard or Reserve, and McGinty, the former Air Force deputy chief of staff for personnel, said getting word to all those airmen that help is available is important to him.

“Somewhere in our Air Force today there is somebody who will need help and, for one reason or another, won’t get it,” he said. “They don’t know the help exists, they’re afraid to ask for it, or they feel there’s a stigma to asking for help. There will always be more need than there is money. There’s always something good we can do for the troops.”

Thrust stand will improve aircraft flight capabilities

By **AIRMAN 1ST CLASS WES AULDRIDGE**
Air Force Flight Test Center Public Affairs
■ **EDWARDS AFB, Calif.** — A stand that will facilitate testing vectored thrust of aircraft and help improve flight performance capabilities is being assembled here.

Managed by the 412th Test Wing’s project management directorate, the multiaxis thrust stand, or MATS, consists of three 80-foot towers, which are joined by a T-frame and set to measure vectored thrust aircraft.

The stand is key to thrust testing at the Air Force Flight Test Center, according to Carl Schudde, MATS project manager.

Security forces - OEF’s first line of defense

By **AIRMAN 1ST CLASS TARKAN DOSPIL**
379th Air Expeditionary Wing Public Affairs

■ **OPERATION ENDURING FREEDOM** — The day is hot, but his posture is cool. He breaks only to take sips of water and wipe sweat from his brow. His palms have indents from the 8-pound M-16 rifle he has been holding all day, and his eyes squint from the sun. He stands for hours watching a quiet road, in 130-degree heat, sometimes only hearing the wind and his own breath.

And the deployed cop with the 379th Expeditionary Security Forces Squadron at Al Udeid Air Base, Qatar, will do it again tomorrow.

Working around the clock, deployed security forces carry a heavy responsibility — protecting the entire base and its assets. As the primary force protection unit at Al Udeid, security forces are the base’s first line of defense.

“This location demands a troop’s full attention,” said Chief Master Sgt. Thomas Vinchofsky, 379th ESF manager. “History has shown that we must be prepared at all times for a reality check.”

From checking identification cards to searching vehicles, security forces play a vital role in the safety of all deployed warfighters. They also guard perimeters, man gates and monitor flightlines, Vinchofsky said.

Their primary focus on Al Udeid is controlling entry control points.

“ECPs are of the utmost importance, because they regulate entrance to and from the base,” he said.

People who wear the SF badge say they are proud of their contribution to the war on terrorism.

“It’s tough, but I like being here,” said Airman 1st Class Christopher Klein, a cop deployed from Royal Air Force Lakenheath, England.

Klein works in the “pit,” an area designated for vehicle searches, critical to the security of the base, Vinchofsky said. Using a variety of tools, airmen inspect vehicles for explosives and other potentially dangerous material.

The pit rests on a concrete surface, making it even hotter for security forces to perform their job.

“There are troops out there whose boot soles are actually melting,” Vinchofsky said. “But they press on, because that’s their job. It really shows you what these folks are putting up with.”



PHOTO BY AIRMAN 1ST CLASS TARKAN DOSPIL

Staff Sgt. Jeff Thornsberry (inside) and Senior Airman Matthew Bline, members of the 379th Expeditionary Security Forces Squadron, keep watch over Al Udeid Air Base, Qatar.

It may be a lot to deal with, but the airmen say that strong leadership is part of what keeps them motivated.

“They give us every possible resource they’ve got,” said Staff Sgt. Richard Orwig, another cop deployed from Lakenheath. “It’s a much more serious mission here. You’ve got to be on your toes the whole time.”

While most people waiting at the search pit are appreciative of the search efforts, there are some who become impatient.

“The base populace can help by giving us 110-percent patience,” Orwig said. “In return, we give them 110-percent performance.”

Teamwork is key to overcoming obstacles, Vinchofsky said. The

squadron has hundreds of people deployed here from all over the globe to fight the war on terrorism.

Half of the squadron comprises Air National Guard and Reserve members, and according to Vinchofsky, they are some of the hardest workers he has ever served with.

“We have a terrific mix of Guard, Reserve and active duty,” he said. “They blend so well, it’s hard to pick one out from the other. I really haven’t seen a more dedicated group.”

The deployed cops say a day at work is like a day on the front lines, and a night without sleep means the rest of the base has slept just a little better. *(Courtesy of Air Force Print News.)*

stands cannot test the different angles of thrust because the aircraft is being pushed in more than one direction.

Gary Johnson, 412th Test Wing director of acquisitions projects, said the program is great for the expanding future of multiaxis thrust. Prior to using MATS, aircraft with multiaxis thrust could not be easily and effectively tested

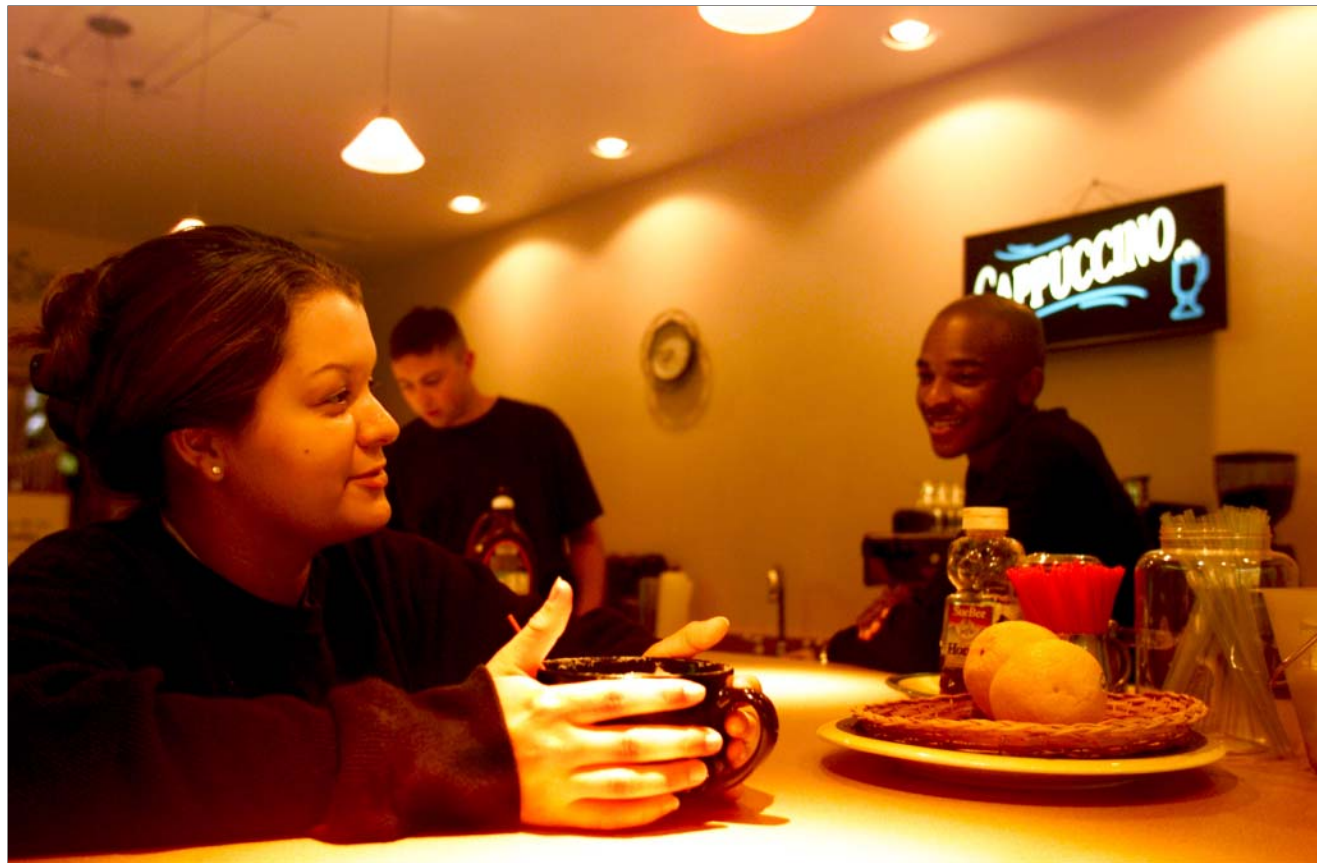
using existing ground test capabilities.

Johnson said this stand will save money and time by collecting more accurate data.

The new capability here will also improve test pilot safety by offering a grasp of the thrust characteristics before flight.

Use of the testing stand should begin as early as next year.

I need caffeine!



Airman 1st Class Michelle Miranda, 30th Communications Squadron, drinks a hot chocolate made by Airman 1st Class Colin Sutherland Jr., 30th Security Forces Squadron (right), at G.I. Java. Located in the Delta Dormitory, G.I. Java is open from 4 to 10 p.m., providing a relaxing coffeehouse atmosphere where airmen can watch a movie and get their caffeine fix. Anyone interested in volunteering can call Airman 1st Class Tene Smith at 606-5773 for more information.

PHOTO BY AIRMAN KARA MCCORMICK

Community Calendar

EVENTS

19 FRI There's a free Airmen Appreciation Barbecue at Cocheo Park from 11 a.m. to 3

p.m. today. The event is open to all base senior airmen and below and their family members. The Lompoc Valley Chamber of Commerce sponsors the event with involvement from the base chapter of the NCOA and the Vandenberg Federal Credit Union. The band ISM will furnish entertainment.

The Global Hearts Support Group, coordinated by the Family Support Center, Chapel, and Services 'Squadron, offers help and support for military families with deployment related needs by providing information and assistance. This group assists spouses of active-duty members deployed for more than 30 days. For further information, contact Tech. Sgt. Todd Lefebvre at 606-1607.

28 SUN This year's "Bug Safari" Vacation Bible School starts at 2 p.m. July 28 in the religious education

classrooms in buildings 16130 through 16145. From July 29 through Aug. 1, participants meet from 9 a.m. to noon. The free school is open to children ages 3 to 11. Sign-up sheets are available at both chapels. For more information or to volunteer, call the Chapel at 606-5773.

AUGUST 10 SAT The Men of the Chapel invite Vandenberg's men to attend a day of fun, food, fellowship and encouragement during

a religious retreat from 7:15 a.m. to 5 p.m. Aug. 10 in the Chapel One Annex. The one-day gathering features five biblical presentations concerning responsibilities to God, family, church, work and community. Breakfast, lunch and snacks are provided at no cost during the fellowship. Additionally, attendees will receive a free T-shirt and literature. To attend, RSVP by Aug. 6 to Greg Egan at 606-2829, Ext. 6201, or Rod Farrier at 606-2829, Ext. 6202.

CLASSES

AUGUST 5 MON The Civilian Management Training Committee is hosting an administrative officers seminar Aug. 5 to 7 in Bldg. 14007, Room D-4. The course is open to all civilian employees, with limited slots for military, who hold an administrative or secretarial position. The three-day seminar covers project management skills; techniques to improve speaking and writing; improved organization; and fundamental concepts of the federal

budget and acquisition process. A DD Form 1556 is required for all civilian attendees for proof of training. Space is limited to 25 seats and will be filled on a first come, first serve basis. To attend, please contact Alicia Labine at 605-5913 or Barb LeFebvre at 605-5910.

Step parenting education and counseling is available on a personal basis about parenting, marriage enrichment and stress management. Call Linda Bastine at 606-9958 to schedule an appointment.

Marriage enrichment counseling is offered on a one-on-one basis for any couple, married or unmarried, who would like to enrich their relationship. The counseling offers education and coaching on communication, conflict management, personality and temperament styles, and stress management at home. Call Linda Bastine at 606-9958 to schedule an appointment.

Members preparing to deploy for 30 days or more, can schedule a pre-deployment briefing. The briefing covers personal and family readiness issues with a focus on easing the stress of separation by addressing financial, legal and family matters. Call Tech. Sgt. Todd LeFebvre at 606-1607 for more information.

Pre-separation briefings are from 8 to 9 a.m. Tuesdays in the Family Support Center. Military members separating or retiring at least 90 days before leaving the service must attend the briefing. The counseling session covers service members' benefits. Spouses are welcome and encouraged to attend. For more information, call Sunny Park at 605-0134.

The 30th Medical Group holds Risk Reduction Classes from 10 to 11:30 a.m. Tuesdays and from 3 to 4:30 p.m. Thursdays at the Health and Wellness Center. The classes address health risk factors like high blood pressure, cholesterol, diabetes and excess weight. Topics include a risk reduction overview, cholesterol-diet connection, diabetic meal planning, diabetes lifestyle, fiber facts for health, hypertension and diet, weight loss, and stress, related to risk. Call the HAWC at 606-2221 for more information and to sign up.

The HAWC offers a tobacco cessation class noon to 1:30 p.m. Tuesdays. The next class begins Aug. 13. Call the HAWC at 606-2221 to sign up.

People who are PCSing in the near future can attend a manage-your-move workshop at the Family Support Center. Participants can learn basic information about housing, TMO, finances, Legal, personal financial management and TRICARE. Call the Relocation Assistance Program at 606-0801 for more information.

24 WED Members with an upcoming assignment to Korea can attend a briefing at 1:30 p.m. Wednesday in the Family Support Center. The briefer will discuss the culture, language, and things to do during their tour. Call Relocation Assistance at 606-0801 to register.

25 THU The Women's, Infants, and Children's office visits the Family Support Center the

fourth Thursday of each month for Vandenberg members who meet program requirements. The next visit is Thursday. WIC is a nutrition education program that provides supplemental food to promote good health for pregnant, breastfeeding and postpartum women, infants and children up to age 5. For more information about appointments or enrollment requirements, call the Lompoc WIC office at 737-6470 or Teresa Orozco at 606-4636.

26 FRI A Cal-Vet Veterans Administration Home Loan class is at 1:30 p.m. July 26 in the Family Support Center.

People can learn application procedures and the basic Veterans Administration Home Loan Guaranty application process and about the basic California Veterans Home Loan program. Make reservations early by calling Sunny Park at 605-0134.

MEETINGS

The Titan Toastmasters meets from 11:30 a.m. to 12:30 p.m. Thursdays in the base library. Participants can learn how to speak effectively in a no-pressure, supportive environment. Meetings are open to all interested parties. For information, call Bruce Henderson at 606-1541, Ext. 3627 or Chief Master Sgt. Archie Mitchell at 605-8081.

HEALTH

The Vandenberg youth soccer league needs volunteers to help plan and run the upcoming youth soccer season. Available positions include: league president, vice president, division commissioners, coaches, field managers, "at-large" board members, and publicity representatives. The league will have players' ages 5 to 12 years. All teams are co-ed and all games are played on base. Player registrations are July 29 through Aug 16. Skills day is Aug. 17 with practices beginning after team formation. The season is from September to November. Call Kristi Bonneau at 606-9374 or the Youth Center at 606-2152 to volunteer or for more information.

The Health and Wellness Center offers the Sensible Weight Loss class, a

Chapel Notes

Catholic Worship Services:

- ☐Saturday, 5 p.m. in Chapel 2
- ☐Sunday, 10 a.m. in Chapel 1
- ☐Daily Mass, Monday through Friday, 11:30 a.m. in Chapel 2
- ☐Catholic Religious Education, Sunday 8:30 a.m. in the religious education classrooms
- ☐Confirmation, Monday 6:30 p.m. in the religious education administrataion building.
- ☐Catholic Youth of the Chapel, Sundays, at 6 p.m. in the religious education administration building.

Protestant Worship Services:

- ☐Praise and Worship Service, Sunday, 8:30 a.m. Chapel 1.
- ☐Traditional Service, Sunday, 11:30 a.m., Chapel 1.

Gospel Service:

- ☐Sunday, 11:30 a.m., Chapel 2.
- G.I. Java, in the Delta Dormitory, is open from 4 to 10 p.m. It provides a coffeehouse atmosphere where people can relax, watch a movie and enjoy a good cappuccino. Interested volunteers can call Airman 1st Class Tene Smith at 606-5773 for more information.

Join the Singles fellowship Social at 6:30 p.m. tonight in Chapel 1 Annex. Refreshments will be offered and a trip to the bowling center. Call the front office at 606-5773 for more information.

90-minute class instructed by a dietician and exercise physiologist. Participants learn to identify principles for safe weight loss and weight control. For more information, call the HAWC at 606-2221.

Certified instructors lead indoor cycling classes in the Services Center. During the class, participants simulate riding hills, valleys and flat roads by adjusting the resistance on the flywheel, body position and speed. People will need a water bottle and a towel. Classes begin at 6 a.m. Mondays, Wednesdays and Fridays; at noon Fridays; at 4 p.m. Tuesdays and Wednesdays and at 8 a.m. Saturdays.

The Varsity Soccer Team is looking to add a few more committed and talented players to its roster. The team practices Tuesdays and Thursdays from 5:30 to 7:30 p.m. at the base field. League games are Sundays. If interested, call Scott Vincent at 605-0755.



Our Vision:
America's finest
professionals
building the best
spaceport and test
range in the world.

At The Movies

All movies start at 7:30 p.m. unless otherwise noted.

Today, 7:30 p.m.

Spiderman

Starring Tobey Maguire and Kirsten Dunst

When a freak accident miraculously grants him incredible spider-like abilities, Peter Parker turns into the amazing Spider-man. Peter will find that there's a thin line between an ordinary man and an extraordinary hero; and he'll have to be the one to cross it. Rated PG-13 for stylized violence and action.

Saturday, 7:30 p.m.

Divine Secrets Of The Ya Ya Sisterhood

Starring Sandra Bullock and Ashley Judd

A Southern comedy drama about life, love and family which follows a group of lifelong friends as they stage a rather unorthodox intervention to help a young playwright unravel the truth about her eccentric mother, find forgiveness and come to terms with her difficult past. Rated PG-13 for mature thematic elements, language, and brief sensuality.

Sunday, 7:30 p.m.

Bad Company

Starring Anthony Hopkins and Chris Rock

CIA operative Kevin Pope (Chris Rock) is suave, brilliant, and right on the verge of completing a top-secret mission to keep a rogue nuclear weapon off the black market when he is suddenly killed. With the clock ticking and no other options available, the CIA reluctantly enlists Kevin's long-lost identical twin brother, Jake (also Chris Rock, of course), to take his place. But since Jake is the mirror opposite of Kevin, a working-class Joe, it's up to veteran CIA agent Gaylord Oakes (Anthony Hopkins) to train him within 9 days to become a spy. Rated PG-13 for intense sequences of violent action, some sensuality and language.

Be Aware!

Anti-Terrorism
Force
Protection
is an
Individual
Responsibility!

No one comes close



Disaster Preparedness Tip of the Week

Recent events have shown that terrorists can use the postal service as a tool to spread terror. A helpful hint to avoid becoming a victim is to be aware of suspicious packages. Features to look for are misspelled names or return addresses, a title but no name or wrong title with name, excessive postage or unusual stamps versus metered mail, special handling instructions on pacakges like special delivery, open by addressee only, foreign mail, airmail, etc., oily stains, discoloration or strange odors.



30th Services News

YOUTH CENTER

Join us in celebrating

National Kid's Day!

at the **Vandenberg AFB
ATWIND PICNIC**
Aug. 2!

**Jumping Castle! Face Painting!
Carnival Games! Contests!
Lots to do, lots of fun... and its all FREE!**

Enjoy your summer more with...

Music LESSONS

Offered by
Coelho Academy of Music

Individual or group guitar, keyboard, drum, flute and vocal lessons are available. To sign up, call or visit the Youth Center. For more information, call the Youth Center at 606-2152.

FAMILY CHILD CARE

**Make a Difference!
Be a Family Child Care Provider!**

The need for quality child care for military families has never been greater. As a Air Force Family Child Care provider, you care for military/DoD dependent children and enjoy the convenience of working at home and satisfaction of self employment.

Working with children is a career where one person really does make a difference.

Providers are needed for hourly care, shift work, evenings, special needs, and weekly care for infants, toddlers and preschool age.

As a Family Care Provider, you will receive training in CPR, first aid, record keeping and monthly child developmental training.

If you are interested in becoming a certified FCC provider contact:

Gwendolyn Jones
FCC Coordinator
606-6439 or 3255.



LIBRARY

READING IS OUT OF THIS WORLD!

ATWIND EVENT!
until Aug. 3

Summer Reading Program for Ages 3 to 13.

Packets can be picked up through July 20.
Call 606-6414 for more information.

Categories of Readers:

Just Starting, ages 3 to 5; Beginner Readers, ages 6 to 7; Intermediate, ages 8 to 10; Advanced, ages 11 to 13

EVERYONE who signs up can get a certificate and prizes. (Those who are leaving Vandenberg before Aug. 3, let the library know so you can get your certificate and prizes.)

OUTDOOR REC

SAILING TRIP-

in Santa Barbara, July 27. Cost is \$45 per person. For more information, call Curtis Dunster at 606-5908. **ATWIND event!**

FITNESS CENTER

SUNDAY-

MEN'S VARSITY VOLLEYBALL TEAM is having a tryout from 3 to 5 p.m. at the main Fitness Center, Bldg. 9005. Call Rod Paronto at 606-3833.

VANDENBERG TRIATHLON-

Aug. 17, 9 a.m.
400M swim, 5K run, 20K bike ride, age categories. Sign up by Aug. 16 at the Fitness Center.

SWIMMING POOL

YOUTH WATER POLO-

Sign up now learn this exciting water-based team sport! The fundamentals and conditioning of water polo will be offered to boys and girls, ages 8 to 14. The next three-week session starts Monday and runs through Aug. 9. Sessions are held Mondays, Wednesdays and Fridays from 6:15 to 7:15 p.m. The cost is \$20 per person. For additional information, call 606-3581.

Team Vandenberg: It's time to play...



**YOU COULD WIN...
A BRAND NEW FORD Escape,
Focus or Ranger,
a NEW Computer,
Ca\$h,
Vacation Getaways,
36" Color TV,
Music System
and more!**

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★ ATWIND ★

This Week's Places to Play!

Today through Thursday

TODAY -

Fitness Center - All day
Golf Course - All day
Library - All day
Outdoor Rec - Camping Package Rental
Lunch & Learn - Internet Explorer - Tips & Tricks,
Bldg 9360, 11:30 a.m. to 12:30 p.m.
Pacific Coast Club - Social Hour (members), 5 p.m.

SATURDAY -

Bowling Center - Youth Bowl
Golf Course - Youth Golf
Skills Auto Hobby - All day

SUNDAY -

Foggio's - Family Dining

MONDAY -

Pacific Coast Club - Lunch, 11 a.m. to 1 p.m.
Lunch & Learn - Office: Customizing Toolbars,
Bldg. 9360, 11:30 a.m. to 12:30 p.m.

TUESDAY -

Bowling Center - Eat all day
Family Support Center - Pre-Separation Briefing, 8 to 9 a.m.
Services Center - Single Parents Group, 11:30 a.m. to 1 p.m.
Services Center - Yoga, 6 to 7 p.m.

WEDNESDAY -

Equipment Checkout - Rental Day
Golf Course - Lunch, 11 a.m. to 1 p.m.
Breakers - Lunch, 11 a.m. to 1:30 p.m.
Lunch & Learn - Photo Cropping & Cloning, Bldg. 9360, 11:30 a.m. to 12:30 p.m.
Family Support Center - Assignment Korea, 1:30 to 3:30 p.m.

THURSDAY -

Bowling Center - Bowl All day
Leisure Travel - Tickets All day
Skills, Arts & Crafts - All day
Library - Story Time, 10 a.m.
AETC - Lunch, 11 a.m. to 1 p.m.
Library - Women's Book Group, noon.

Go to 30svs.com for more ways to play!

ATTENTION! ATTENTION! ATTENTION! ATTENTION!

The 30th Services Squadron

will conduct a menu planning meeting at the Breakers Dining Facility Monday at 10 a.m. in the History Room. All unit representatives are encouraged to attend. Both 30th Space Wing and 381st Training Group people are welcome. Call Senior Airman Jennifer Kottke at 606-3219 or Deborah Myjak at 606-1219.

ATTENTION! ATTENTION! ATTENTION! ATTENTION!



The 30th Services Squadron will once again host the

Quarterly Birthday Meal

Tuesday at the Breakers Dining Facility. Doors open at 6 p.m. Meal starts at 6:30 p.m. Those celebrants having birthdays in April, May or June need to contact their first sergeants for all the details or call Deborah Myjak at 606-1219. You may bring a military or dependent guest.

GOLF

SATURDAY -

Organizational Tournament, 11:30 a.m. to 1:30 p.m.
SUNDAY through THURSDAY
American Junior Golf Association Shotgun Tournament, 1 p.m. open play. Shotgun, 7:30 a.m.

MONDAY -

American Junior Golf Association Tournament, all day
TUESDAY through THURSDAY
American Junior Golf Association Tournament, 6:30 to 11:30 a.m.

Family & Teen

TALENT SHOW

PLANNING MEETING

We need CONTESTANTS and VOLUNTEERS for the Family & Teen TALENT CONTEST!
Volunteers are needed

to help with backstage lighting, sound, props, etc.

For more information, call Mike

WEDNESDAY,
6 p.m.
at the Services Center



*Do you have a Talent? Do you Dance?
Sing? Play a Musical Instrument?
If so, sign up for the contest now!*

PACIFIC COAST CLUB

Tonight! **KARAOKE in the E-Lounge**
8 p.m. to 12 a.m.
Live Band 'DZIRE' in the O-Lounge
7 to 10 p.m.

CLUB CARD DRAWING between 5 and 8 p.m. (Must be present to win)